

WELCOME TO ELYREST

(SPA SERVICE SOLUTION)

- MASSAGE AND SPA
- MASSAGE ACADEMY & TRAINING
- WORKSHOPS
- MASSAGE TOOLS
- STUDY KITS
- BOOK & CD
- SPA OPERATION SUPPORT
- ACCOMMODATION
(HOMESTAY WITH HAPPINESS)

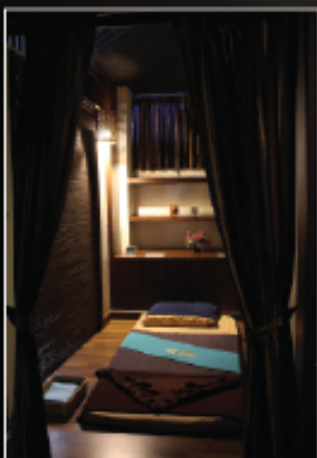


SCHOOL TRAINING

Item of Training Cost:	Hours.	Remark:
Thai Traditional Massage บวดไทย (60 min)	5 วัน	7,000 บาท
Foot Reflexology บวดเท้า (60 min)	4 วัน	6,500 บาท
Herbal Hot compress บวดประคบสมุนไพร (30 min)	4 วัน	6,500 บาท
Swedish Massage บวดสวีดิช (60 min)	5 วัน	9,800 บาท
Aroma Massage บวดอโรมา (60 min)	5 วัน	9,800 บาท
Oriental Massage บวดน้ำมันแบบไทยประยุกต์ (90 min)	5 วัน	9,800 บาท
Deep Tissue Massage บวดกล้ามเนื้อชั้นลึก (60 min)	5 วัน	9,800 บาท
Hot Stone Massage บวดหินร้อน (60 min)	5 วัน	9,800 บาท
Facial Treatments บวดหน้า (60 min)	5 วัน	9,800 บาท
Body Spa Treatment สปาผิวทั่วเรือนร่าง (60 min)	5 วัน	9,800 บาท
Cellulite Body Massage บวดสลายไขมัน (90 min)	5 วัน	9,800 บาท
Tok Sen Body Massage บวดตอกเส้น (60 min)	7 วัน	15,000 บาท

หมายเหตุ

- Exclude VAT ราคายังไม่รวมภาษีมูลค่าเพิ่ม
- Deposit 50%, and the rest paid on the day of training
มัดจำ 50% เมื่อสมัครและที่เหลือชำระในวันแรกของการเรียน
- Discount 2 Subject = Discount 10%, ส่วนลด 2 วิชา รับส่วนลดเพิ่ม 10%,
3 Subject = Discount 15%, 3 วิชา รับส่วนลดเพิ่ม 15%,
4 Subject = Discount 20% 4 วิชา รับส่วนลดเพิ่ม 20%



SCHOOL TRAINING FOR FOREIGNER

Item of Training Cost:	ToTal of Therapist	Hours.	Remark:
Thai Traditional Massage (60 min)	1-4 person	3-4 day	\$ 800 us.
Foot Reflexology (60 min)	1-4 person	3-4 day	\$ 800 us.
Herbal Hot compress (30 min)	1-4 person	3-4 day	\$ 800 us.
Swedish Massage (60 min)	1-4 person	3-4 day	\$ 900 us.
Aroma Massage (60 min)	1-4 person	3-4 day	\$ 900 us.
Oriental Massage (90 min)	1-4 person	4-5 day	\$ 1,000 us.
Deep Tissue Massage (60 min)	1-4 person	4-5 day	\$ 1,000 us.
Hot Stone Massage (60 min)	1-4 person	4-5 day	\$ 1,000 us.
Facial Treatments (60 min)	1-4 person	3-4 day	\$ 900 us.
Body Spa Treatment (60 min)	1-4 person	4-5 day	\$ 1,000 us.
Cellulite Body Massage (90 min)	1-4 person	4-5 day	\$ 1,000 us.
Tok Sen Body Massage (60 min)	1-4 person	6-7 day	\$ 1,250 us.

Note:

1. All Item included the products for practice at Elyrest Spa
2. The Schedule of Training should be confirmation before start training
3. Deposit 50%, and he rest paid on the first day of training

QUOTATION FOR THE SERVICES OF SPA SET-UP

PACKAGE A.

Price: 350,000 Baht

1. Spa Procedure Handbook
2. Train your staffs in 4 weeks and set up the basic spa menu as follow:
 - 2.1 Traditional Thai Massage
 - 2.2 Thai Herbal Hot Compress
 - 2.3 Foot Reflexology
 - 2.4 Facial Treatment
 - 2.5 Aroma Massage Or Swedish Massage
 - 2.6 Oriental Massage
 - 2.7 Spa Body Treatment (Scrub and Mask)
 - 2.8 Cellulite Body Massage Or Hot Stone Massage
3. We Supplier Professional Spa Manager or Therapist to your Spa (Quotation Requirement)
4. We recommend the products and equipment
Maximum: 10 persons for overseas training
Duration: 09.00-12.00 / 13.00-16.00 (1day off for each week)
Conditions: Exclude Transportation, Visa, Accommodation, and foods
Payment: Deposit 50%, and the rest paid on the first day of training.

The price and conditions can be negotiated up to the scale of spa and your additional requirement.



QUOTATION FOR THE SERVICES OF SPA SET-UP

PACKAGE B

Price: 300,000 Baht

1. Spa Procedure Handbook
2. Train your staffs in 3 week and set up the basic spa menu as follow:
 - 2.1 Traditional Thai Massage
 - 2.2 Thai Herbal Hot Compress
 - 2.3 Foot Massage
 - 2.4 Aroma Body Massage or Thai Sport Massage
 - 2.5 Spa Treatment (Scrub and Mask)
3. We Supplier Professional Spa Manager or Therapist to your Spa
(Quotation Requirement)
4. We recommend the oroducts and equipment

Maximum: 10 persons for overseas training

Duration: 09.00-12.00 / 13.00-16.00 (1day off for each week)

Conditions: Exclude Transportation, Visa, Accommodation, and foods

Payment: Deposit 50%, and the rest paid on the first day trainig.

The price and conditions can be negotiated up to the scale of spa
and your additional requirement



QUOTATION FOR THE SERVICES OF SPA SET-UP

PACKAGE (

Price: 250,000 Baht

1. Spa Procedure Handbook
2. Train your staffs in 2 weeks and set up basic spa menu as follows:
 - 2.1 Traditional Thai Massage
 - 2.2 Thai Herbal Hot Compress
 - 2.3 Foot Massage
3. We Supplier Professional Spa Manager or Therapist to your Spa
[Quotation Requirement]
4. We recommend the products and equipment
Maximum: 10 persons for overseas training
Duration: 09.00-12.00 / 13.00-16.00 (1 day off for each week)
Conditions: Exclude Transportation, Visa, Accommodation, and foods
Payment: Deposit 50%, and the rest paid on the first day of training.

The price and conditions can be negotiated up to the scale of spa
and your additional requirement.





Elyrest
MASSAGE & WELLNESS

Thai Massage Study Tour

5 Days

BANGKOK

WWW.ELYREST.COM



Cabaret Show



Bangkok Day Trips



Chinatown









Lunch
(provided by school)



Asiatique The rivefront

Elyrest
MASSAGE & WELLNESS

Experience In Thai

Day 1	07am-09am	Morning 09am-12pm	12pm-1pm	Afternoon	Evening	Accommodation
		<p>Arrive in Bangkok at any time, Car pick up Airport & Check in</p> 			<p>Elyrest freedom or enjoy 2 hour Massage and spa at Elyrest spa Dinner On your own</p>	 Forum Park Hotel
Day 2	07am-09am	(Morning) 09am-12pm	12pm-1pm	(Afternoon) 1pm-4pm	Evening	Accommodation
 Enjoy Breakfast at Forum Park Hotel	 Thai Traditional Massage Class	 Lunch (provided by school)	 Thai Traditional Massage class	 Dinner on Chaophraya River (Cruise) Provided by school	 Forum Park Hotel	
Day 3	07am - 09am	(Morning) 09am - 12pm	12pm - 1pm	(Afternoon) 1pm - 4pm	Evening	Accommodation
 Enjoy Breakfast at Forum Park Hotel	 Thai Traditional Massage Class	 Lunch (provided by school)	 Thai Traditional Massage class	 Chinatown Food Tour Dinner On your own	 Forum Park Hotel	
Day 4	07am-09am	(Morning) 09am-12pm	12pm-1pm	(Afternoon) 1pm-4pm	Evening	Accommodation
 Enjoy Breakfast at Forum Park Hotel	 Thai Traditional Massage Class	 Lunch (provided by school)	 Thai Traditional Massage Class	 Asiatique The Riverfront Food Tour Dinner On your own	 Forum Park Hotel	
Day 5	07am-09am	(Morning) 09am-12pm	12pm-4pm	(Afternoon) 1pm-4pm	Evening	
 Enjoy Breakfast at Forum Park Hotel	 Bangkok Day Trips Lunch provided by school			 6.30 pm Arrive airport for departure on late night flight		



Elyrest

MASSAGE & WELLNESS

Thai Massage Study Tour

1,980 USD\$

7 Days

BANGKOK - PATTAYA

WWW.ELYREST.COM



mini siam



Pattaya



Chinatown



Cabaret Show



Pattaya Floating Market



Asiatique The Rivfront

Elyrest
MASSAGE & WELLNESS

Experience In Thai

Day 1	07am-09am	Morning 09am-12pm	12pm-1pm	Afternoon 1pm-4pm	Evening	Accommodation
		<div style="border: 1px dashed white; padding: 5px; display: inline-block;"> Arrive in Bangkok at any time, Car pick up Airport & Check in </div> 			 freedom or enjoy 2 hour Massage and spa at Elyrest spa Dinner On your own	 Forum Park Hotel
Day 2	07am-09am	(Morning) 09am-12pm	12pm-1pm	(Afternoon) 1pm-4pm	Evening	Accommodation
	 Enjoy Breakfast at Forum Park Hotel	 Thai Traditional Massage Class	 Lunch (provided by school)	 Thai Traditional Massage Class	 Dinner on Chaophraya River (Cruise) Provided by school	 Forum Park Hotel
Day 3	07am-09am	(Morning) 09am-12pm	12pm-1pm	(Afternoon) 1pm-4pm	Evening	Accommodation
	 Enjoy Breakfast at Forum Park Hotel	 Thai Traditional Massage Class	 Lunch (provided by school)	 Thai Traditional Massage Class	 Chinatown Food Tour Dinner On your own	 Forum Park Hotel
Day 4	07am-09am	(Morning) 09am-12pm	12pm-1pm	(Afternoon) 1pm-4pm	Evening	Accommodation
	 Enjoy Breakfast at Forum Park Hotel	 Thai Traditional Massage Class	 Lunch (provided by school)	 Thai Traditional Massage Class	 Asiatique The Riverfront Food Tour Dinner On your own	 Forum Park Hotel
Day 5	07am-09am	(Morning) 09am-12pm	12pm-1pm	(Afternoon) 1pm-4pm	Evening	Accommodation
	 Enjoy Breakfast at Forum Park Hotel	 Thai Traditional Massage Class	 Lunch (provided by school)	 Thai Traditional Massage Class	 Bangkok by Night Private Food, Drink and Shopping Dinner On your own	 Forum Park Hotel
Day 6	Morning		Lunch	Afternoon	Evening	Accommodation
	 Enjoy Breakfast at Forum Park Hotel		 Transfer to pattaya & visit Nong Nooch Pattaya garden Lunch Provided by school		 Seafood Dinner and Cabaret Show Provided by school	 Pattaya's Hotel
Day 7	Morning		Lunch	Afternoon	Evening	
	 Enjoy Breakfast at Pattaya's Hotel		 Pattaya Floating Market & Visit Mini Siam Lunch On your own		 6.30 pm Arrive airport for departure on late night flight	